



# Hockey CanSkate (Skills & Drills) WINTER REGISTRATION 2024



**HOCKEY CANSKATE (SKILLS & DRILLS)** – Designed to develop and enhance those techniques specific to ice sports; such as hockey and ringette. Fifty minute on ice session that will include ice skating fundamentals: concentrating on turns, stops, edge control, endurance, power, speed agility and quickness. **Skaters must have completed:** CANSkate Stage 4 or higher or Hockey Level U9 or higher (or based on assessment of the FHHSC).

**Skater's Name** \_\_\_\_\_ Date of Birth \_\_\_\_\_ M/F/X  
Surname First name Day/Month/Year

**Address** \_\_\_\_\_ **Postal Code** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Name Parent/ Guardian** \_\_\_\_\_ **E Mail Address** \_\_\_\_\_

**Skate Canada #** \_\_\_\_\_ **Badge Level Passed**  Stage 4  Stage 5

## Hockey CanSkate (Skills & Drills) (Skating Fundamentals)

**Season: 6 January – 24 March, 2024 11 Weeks**

Saturday 9:00-9:50 am – Constantine Arena

Sunday 9:00-9:50 am – Constantine Arena

(Check Days Selected)

2 Days Saturday & Sunday

1 Day  Saturday  Sunday

**Membership status:**  **Regular** – Serving or Retired Military  **Ordinary** – DND Civilian Employees & RCMP  **Associate** – No Affiliation

### FEE STRUCTURE WINTER 2024

**+ HST**

	<b>Regular</b>	<b>Ordinary</b>	<b>Associate</b>
<b>“BEST VALUE 22 SESSIONS” 2 days - Saturday &amp; Sunday</b>	\$250.00	\$275.00	\$300.00
<b>1 Day - Saturday</b>	\$150.00	\$175.00	\$200.00
<b>1 Day - Sunday</b>	\$150.00	\$175.00	\$200.00

- In consideration of the benefits to me the undersigned skater and his/her parents, I hereby agree to hold and save harmless the Fort Henry Heights Skating Club (FHHSC) and all Officers, Directors, Executive members, Committee members, Coaches, Chaperones, Employees and Agents of the club from any claims for injuries, damage or loss of any kind whatsoever caused, and the aforesaid jointly and separately are all hereby accordingly released by the undersigned from any and all such claims. The undersigned also agrees to abide by all rules in effect of the FHHSC and Skate Canada.
- FUNDRAISING REQUIREMENT:** There will be no mandatory Fundraising requirement this year; however, we do ask that families participate in our Fundraising initiatives throughout the season. Your continued support of the skating club and its programs will assist in an overall successful skating season for all.
- Regular Member Family Discounts are available for families with 3 or more registered skaters (must reside in same household) 10% discount on fees paid.

**REFUND POLICY:** Requests must be made in writing prior to the third (3rd) week of skating lessons. Fees will be prorated. Requests for refund after this time will be at the discretion of the board. A medical note is mandatory for medical withdrawal. Skate Canada Fees, including registration, Safe Sport and Insurance coverage are non-refundable. Schedules and information are subject to change, FHHSC is not responsible for loss of ice due to events beyond our control.

**Date** \_\_\_\_\_ **Receipt #** \_\_\_\_\_

**Signature of Parent or Guardian** \_\_\_\_\_

<b>Package Fees</b>	
<b>HST</b>	
<b>Skate Canada Membership Safe Sport &amp; Insurance Fee</b>	\$58.70
<b>Total Fees Paid</b>	